The ISHOF Safe Swimmer™ Float

The ISHOF Safe Swimmer™ is a lightweight inflatable, dry bag device that visibly floats behind a swimmer in open bodies of water. The device is easily pulled along by the swimmer and can hold one's valuables (e.g., wallet, money, mobile phone, shoes, towel) as well as be used in emergencies as a flotation device. The brightly colored device is also easily visible by lifeguards and boaters and windsurfers on the water. For proper use, follow these instructions and see the video clip on www.ishof.org

1. Open bag and attach small strap to handle.
2. Attach waist strap to the strap.
3. Turn device over.
4. Fold over the blue stripe.
5. Fold again.
6. Fold a total of 4 times.
7. Attached the clips to gather.
8. Unscrew the valve cap and inflate, re-screw the valve cap.
9. To deflate, unscrew valve valve cap, press top of cap into the valve.
The ISHOF SafeSwimmer™ FLOAT

Product Features: An inflatable dry bag for use while swimming, made of durable, flexible, lightweight and buoyant materials. Product does not effect body position, stroke or speed of swimming.

Intended use: For use by capable swimmers in open water to make them more visible to lifeguards, boaters, jet skis or other potential hazards; to carry valuables, clothing or other items while swimming, and; as a safety device to assist in case of illness, cramps or injury while swimming.

Instructions for use:
1. Open the bag and put clothing, sandals, shoes, valuables or other items inside. Separate any valuables, such as keys and glasses so that when the air bag is inflated, nothing will be damaged. Be sure that any pointed objects are wrapped in towel or clothes so as not to puncture the bag when inflated.
2. Fold the seal in the direction of the inflator valve four times and then attach the bag buckle.
3. Take off cap of inflator valve and inflate. Fill the bag with air until firm, but do not over-inflate. When the air bag is full, replace cap and check to ensure there is no leakage.
4. Adjust the waistband for snug fit. Then connect air bag to it with the short belt. Fasten the waistband buckle and adjust the slider so the float is at the back. You are ready for your swim.
5. Let the SafeSwimmer™ float naturally on the water behind you.

6. To deflate after use, insert the top of the inflation valve cap into the inflator valve and press on the air bag to deflate all air. Open the buckle, unfold the bag and remove clothes and valuable. Rinse with water and let dry. For longevity, store the float where exposure to sunlight and heat is minimized.

Warnings:
1. This is not a lifesaving device and should only be used by competent swimmers.
2. Before starting your swim, press the air bag underwater to ensure one more time there is no leakage.
3. If during your swim you feel faint, dizzy or experience physical weakness, cramps, have trouble breathing or choke on water, stop and have a rest with the help of the buoyancy of the SafeSwim™ Float. If needed, call or signal for help or just relax until you feel better.
4. Under no circumstances should you attempt to rescue another swimmer in distress without having been trained in lifesaving techniques or methods by a certified agency.